



**VOL: 3 / 1 FMW ALLAHABAD NEWS BULLETIN APRIL – MAY 2023**

## **St. Mary's Convent Inter College, RDSO, Lucknow**

*“Every end is a new beginning”*

Another year, and with it another session came to an end but the legacy of our foundress continues to illumine our mind and heart. Climbing yet another step up the ladder of success, FMW Junior Group comes to its 4<sup>th</sup> year in SMCIC, Lucknow. Our group strives on providing its members with guidance and a sense of righteousness, so that the members can live their life to the fullest and utilize it well, for the betterment of humanity. The new session began with the planning to organize various engaging activities so that we all can once again live up to our motto - *“Seekers of truth, Doers of justice”*

### **The First Step**

*“The elevator to success is out of order. You’ll have to take the stairs, one step at a time.”*

*- Joe Girard*

Indeed, there is no elevator for success. No matter the circumstances, if you wish to succeed, you will have to be courageous enough to be able to take the first step. On 18<sup>th</sup> April, 2023, the FMW members took their first step by coming together for the welcome session. It started by invoking God’s blessings, followed by requesting the office bearers



for year 2022-2023 to share their experiences. They were, then thanked for their year-long dedication to the respective posts they were entrusted with.



The new members of Class 7 who zealously joined our first meeting were warmly welcomed by the Group Secretary. We proceeded with the planning for the activities of the entire session under the supervision of our teacher coordinator, Ma’am Swati Mukherjee. All the members, with great

enthusiasm helped in drafting the activities by sharing their creative ideas.

## Bird Feeders

*“Every bird, every tree, every flower reminds me what a blessing and privilege it is just to be alive.” –*

*-Marty Rubin*

The quote well describes the reason for choosing the activity of making ‘Bird Feeders’ by Classes-7 and 8 during the summer vacations. Global warming is increasing faster than ever, and the bitterness of this scorching heat not only affects us but also other animals. As the temperature soared to record highs, it was a blessing of the Almighty that we could remain safe and healthy. But the free birds suffer endlessly as they wander large distances in search of water, grains and shade. Therefore, FMW members thought of



making it a bit easier for them by installing hand-made bird feeders in their balconies and terrace. The birds travelling through the sky for finding their food took refuge in these and drank some water before continuing their journey. This simple act of kindness is a message to all, that, even in the midst of hardships, we should never forget to help others and always offer our helping hand to those in need, big or small.

## Art from the Heart

*“Every child is an artist. The problem is how to remain an artist once we grow up.”*

*- Pablo Picasso*

Through art, the emotions of the artists are expressed. Moreover; an art piece doesn't have only one interpretation. Views and opinions differ and so does perspective. The colorful



summer activity for Classes 9 and 10 was chosen to rekindle their inner artist along with the attainment of peace. The members were allowed to use any art form and medium. Some members chose abstract painting for artistically expressing the maxims that triggered their heart while others paid tribute to Mother Mary Ward by painting her spiritual countenance.

## **ST. MARY'S CONVENT INTER COLLEGE, PRAYAGRAJ**

*Let the Almighty be my Saviour and Guiding Light '*

**"It is often the small steps, not the giant leaps, that bring about the most lasting change."**



On 15th of April'23, the members of the Friends of Mary Ward assembled in the lower concert hall to discuss the proceedings of the academic year 2023-24. The meeting was presided over by the Principal Sr.Jyoti and conducted by the coordinators. The meeting commenced with a prayer invoking God's blessings on the members followed by a power-point presentation highlighting the activities of the year 2022-23.

Our Principal Sr.Jyoti addressed the gathering congratulated

the participants of the Quiz competition and motivated the group to pursue good deeds in the coming year . Furthermore, she welcomed the new joiners and discussed the course of action for the coming year. Everyone pledged to execute the plans to the best one's ability. Sr. Martha also exhorted the members to have an inner renewal. The meeting concluded extending greetings to one another. It was now the turn of members to initiate the activities for the year 2023-24 with enthusiasm.



### **A touch of compassion ...**



**'I don't have a 'dis' - in my ability, I have a different ability.'**

Physical disability can be defeated with mental fortitude. A valuable lesson learnt by the members of FMW, as they visited the Leprosy Mission Hospital on 26<sup>th</sup> April,2023. The keen members distributed items of personal hygiene to the patients. An eye-opening interaction ensued with around 50 leprosy afflicted patients, who shared their day-to-day

activities. They also shared about the complications that arise due to their disability and the medical aid they needed from time to time.

Each time the members embark on such noble deeds, they take back some unforgettable memories with the realization of God's blessings on them.

It was a small yet joint effort taken by the SMC family to enhance hygienic conditions of the patients. This is only the beginning of extending a helping hand as there are more milestones to be achieved on this path.

### **Shuruaat .. an initiative**

**" Do your best and God will help" .- Mary Ward**



On 16 May 2023, the Friends of Mary Ward, along with the students of classes 1, 2 and 3 distributed stationery items like notebooks, registers, crayons, pencil boxes etc, to a non-profit organization named "**Shuraat- Ek Jyoti Shiksha Ki**".

**Shuraat**, began its journey with the dream of providing education to the less fortunate, who are unable to comprehend the importance of education.

The members of FMW were greeted with

kindness, warmth and joyful smiles. The children enjoyed their day by singing prayer songs along with the teachers. The group fetched a deeper insight of the downtrodden and evolved with a thankful heart for being the helpers and messengers of the Almighty. **Shuruaat** needs a special word of appreciation for removing the darkness of illiteracy from the lives of the downtrodden. It was indeed the most heart touching experience.



### **Report from the students**

**Mother's love is like a fuel that enables a normal human being to do the impossible! "**

On 6th May, 2023, the students of FMW commenced the activities of the year by making 'Paper Bags' and Mother's Day Photo Frames". With these activities, the students wished to convey the message of saving the environment and expressed gratitude towards their mothers with a small token of love. The students tried to give back something to the earth by initiating small steps like reducing the use of plastic, saving water, etc.



Our mothers do everything in their capacity to keep us happy and contented and mould us into fine human beings. The least, the students could do for them was to gift them with hand made things woven with love and care. The photo frame and a hug to them could suffice the care they had in their hearts.



Dear world ..

We ensure to pass the baton of love and compassion into safe hands. Let the world be at peace as, we continue to be the 'Doers of Justice and Seekers of Truth'. All for the greater honour and glory of God!!!

**MARY WARD  
BORN IN 1585,  
SHE LED A TOILSOME LIFE  
SERVING THE NEEDY,  
BLESSING THE POOR WAS HER GOAL IN LIFE.  
THIS IS TO THE LADY WHO FOUND  
ONE OF THE MOST PRESTIGIOUS SCHOOLS,  
WHO LED HER LIFE BY THE ALMIGHTY'S RULE.  
THIS IS TO THE LITTLE GIRL WHO LEFT HER HOME AT 15,  
TO LEAD A LIFE OF AN ASCETIC.  
THIS IS TO OUR HERO,  
WHO EXPERIENCED THE GLORIA VISION IN 1609  
THIS IS TO THE WOMAN WHO STOOD UP FOR  
THE EDUCATION OF GIRLS  
AND DEFEATED THE SOCIETY NORMS  
THIS IS TO THE SAINT,  
WHO ANSWERED GOD'S CALLING.  
THIS IS TO A DEVOTED NUN,  
WHO DEDICATED HER LIFE IN SERVING MANKIND.  
THIS IS TO THE FOUNDER OF OUR SCHOOL,  
WHO LEFT US IN 1645,  
BUT IS STILL GLOWING LIKE A STAR ABOVE US ALL  
ENLIGHTENING LIKE A CANDLE THAT NEVER GOES OFF.  
WE THE PROUD STUDENTS,  
CARRY THE BATON OF HER SELFLESS SERVICE  
AND CONTINUE TO BRIGHTEN LIVES LIKE DANDELIONS. —**

**NAVYA DWIVEDI 8- C**

We the FMW members offer our reverence to the Almighty for His choicest blessings and extend a heartfelt gratitude to our Principal Sister Jyoti, Vice-Principal Sister Surabhi and Coordinator Sister Rose for their unflinching support and timely guidance. A special word of thanks to our dear members for their enthusiasm and making the activities of the group a resounding success.

Rumela Neogy - FMW (Teacher)

*“Real strength and courage consist in doing what one has seen to be good in all circumstances in which we are placed, and in not letting ourselves be deterred from this good by any opposition.”*  
*Mary Ward.*

## ST. MARY’S CONVENT HIGH SCHOOL, KANPUR

### “Do Good and Do it well”

The FMW members of St. Mary’s Convent School Kanpur, organized a ‘Wall Hanging Making’ activity on 13<sup>th</sup> April 2023 for the students of class 2. The students enthusiastically prepared the wall hangings, based of the Maxims of Mother Mary Ward under the supervision of their class teachers. Young followers of Mary Ward got a better taste and knowledge of the foundress of our school, who devoted her entire life to the education of Children and Women.



In order to help our students to imbibe the virtues of Venerable Mary ward, the FMW members of Class 8 conducted a quiz on 19th May, based on the life and the teachings of Mother Mary Ward. It was organized in their respective classes, guided by their class teachers. The students actively and enthusiastically participated in the activity.

*All for the Greater Honour and Glory of God!!!*

